

SWIMMING POOL

TIMETABLE

Monday

06:30-10:00 - Adult Lane Swimming
10:00-11:00 - Family Swim
11:00-15:30 - Adult Lane Swimming
15:30-18:00 - Family Swim/Lessons
18:00-22:00 - Adult Lane Swimming

Tuesday

06:30-10:00 - Adult Lane Swimming
10:00-11:00 - Family Swim
11:00-12:45 - Adult Lane Swimming
12:45-13:30 - Aqua Class (Spa/Sauna/Steam available)
13:30-15:30 - Adult Lane Swimming
15:30-18:00 - Family Swim
18:00-22:00 - Adult Lane Swimming
18:30-19:15 - Hydro Pilates Class (Spa/Sauna/Steam available)

Wednesday

06:30-10:00 - Adult Lane Swimming
10:00-11:00 - Family Swim
11:00-12:45 - Adult Lane Swimming
12:45-13:30 - Hydro Pilates Class (Spa/Sauna/Steam available)
13:30-15:30 - Adult Lane Swimming
15:30-18:00 - Family Swim/Lessons
18:00-22:00 - Adult Lane Swimming

Thursday

06:30-10:00 - Adult Lane Swimming
10:00-11:00 - Family Swim
11:00-12:45 - Adult Lane Swimming
12:45-13:30 - Aqua Class (Spa/Sauna/Steam available)
13:30-15:30 - Adult Lane Swimming
15:30-18:00 - Family Swim/Lessons
18:00-22:00 - Adult Lane Swimming

Friday

06:30-10:00 - Adult Lane Swimming
10:00-11:00 - Family Swim
11:00-15:30 - Adult Lane Swimming
15:30-19:00 Family Swim/Lessons
19:00-20:00 - Adult Lane Swimming

Saturday

07:30-11:00 - Adult Lane Swimming
11:00-18:00 - Family Swim
11:00-12:00 - Splash Time
18:00-20:00 - Adult Lane Swimming

Sunday

07:30-11:00 - Adult Lane Swimming
11:00-18:00 - Family Swim
15:00-16:00 - Splash Time
18:00-20:00 - Adult Lane Swimming

Please note that the pool timetable may change during Half terms and School Holidays this will be available at reception.

