



# CLUB FAMILY TIMETABLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 <b>J Golf</b> 16:15pm Outside	 <b>Junior Multisports</b> 16:30pm Studio 1	 <b>Junior Golf</b> 16:00pm Outside	 <b>Junior Martial Arts</b> 16:45pm Studio 2		 <b>Junior Messy Arts</b> 09:15am Outside	
	 <b>Family Shape</b> 17:30pm Studio 1	 <b>Family HIIT</b> 16:30pm Gym Floor	 <b>J Martial Arts</b> 17:40pm Studio 2		 <b>Junior Play</b> 10:15am Outside	
		 <b>Junior Golf</b> 16:45pm Outside			 <b>Junior Messy Arts</b> 11:15am Outside	

Valid from 25/09/2023 to 29/09/2023.