



CLUB FAMILY TIMETABLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 Mini & Parent Yoga 11:30am Studio 3	 Junior Boxercise 16:45pm Studio 1	 Baby Yoga 11:30am Studio 1	 Junior Martial Arts 16:45pm Studio 3		 Junior Fitness 09:30am Gym	
 J Golf 16:15pm Outside	 J Boxercise 17:40pm Studio 1	 Junior Golf 16:00pm Outside	 J Martial Arts 17:40pm Studio 3		 Baby Tummy Time 09:30am Cheeky Monkeys	
 Junior Yoga 16:30pm Studio 3		 J Cycle 17:45pm Spin Studio				

Valid from 17/01/2022 to 21/01/2022.